



*'Only the heart knows to find what is precious'*  
Dostoyevsky

# Reiki Tummo Level 1 & 2

*... discovering the Heart ... the spiritual Heart*

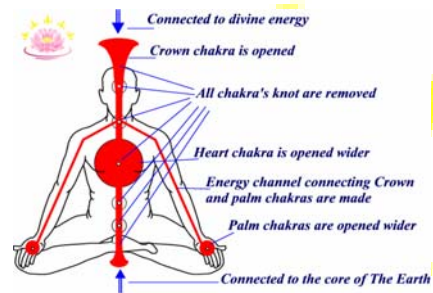
## Workshops

### Reiki Tummo Level 1 .... Benefits

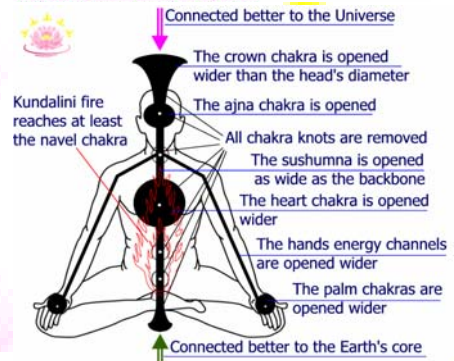
- Learning to increase our ability to use our hearts more
  - Chakra activation and opening (crown, heart, and palm chakras)
  - Instant capability to channel divine energy
  - Sushumna (main energy channel) cleansing
- Cost:** \$175 (concession 25% less)

### Reiki Tummo Level 2 .... Benefits

- Better connection to Divine energy
  - Heart meditations & prayers for further and deeper heart opening
  - Kundalini awakening - instant & safe
  - Meditation techniques to accelerate Kundalini flow and one's individual cleansing / healing process
- Cost:** \$350 (concession 25% less)



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Please contact Jane on (06) 837 3806 or 021 240 7302 for any further information or to make a booking. E-mail: [openheartwairoa@xtra.co.nz](mailto:openheartwairoa@xtra.co.nz)

- Workshops will be in Wairoa - Venue to be announced
- Workshop times: 8.30am registration. 9 am start to approx. 5.30 / 6pm.
- All workshop materials, morning and afternoon tea is provided. Please bring your own lunch. Cafes etc are also nearby for lunch.

**Upcoming Workshop Date(s):** Thurs 13 July 2009 (Level 1)  
Fri 14 July 2009 (Level 2)