

'Only the heart knows to find what is precious'
Dostoyevsky



Reiki Tummo Level 1 & 2

... discovering the Heart ... the spiritual Heart

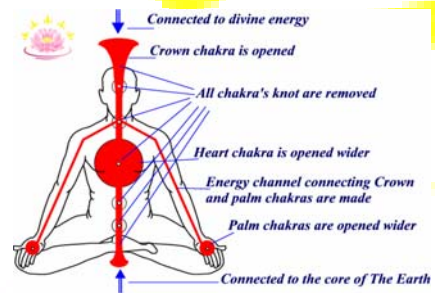
Workshops

Reiki Tummo Level 1 ... Benefits

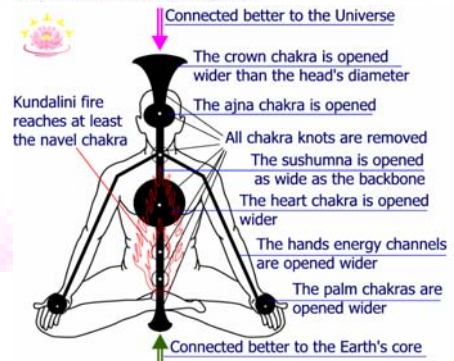
- Learning to increase our ability to use our hearts more
 - Chakra activation and opening (crown, heart, and palm chakras)
 - Instant capability to channel divine energy
 - Sushumna (main energy channel) cleansing
- Cost: \$175 (concession 25% less)**

Reiki Tummo Level 2 ... Benefits

- Better connection to Divine energy
 - Heart meditations & prayers for further and deeper heart opening
 - Kundalini awakening - instant & safe
 - Meditation techniques to accelerate Kundalini flow and one's individual cleansing / healing process
- Cost: \$350 (concession 25% less)**



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Please contact Jane on (06) 837 3806 or 021 240 7302 for any further information or to make a booking. E-mail: openheartwairoa@xtra.co.nz

- Workshops will be at Camp Kaitawa - Accommodation available
- Workshop times: 8.30am registration, 9 am start to approx. 5.30 / 6pm.
- All workshop materials, morning and afternoon tea is provided. Please bring lunch to share or \$3 per meal.

Upcoming Workshop Date(s): Fri 25 Sept 2009 (Level 1)
Sat 26 Sept 2009 (Level 2)